



## DEMIPAIR BRISBANE

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A division of Study Match Pty Ltd ABN 49 122 467 109

## DEMIPAIR GOLD COAST

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### Work Schedule

Mondays to Fridays Mornings from 6.30 - 7.30 am and Monday – Friday Afternoons from 3.30 pm – 6.30 pm. 20 hours over 5 days

Morning - Help with breakfast and make lunches, clean up kitchen and make beds, go over writing words with daughter, put washing on line.

Afternoon - take kids and puppies for a walk to park, make dinner or help with dinner, general clean up around living areas, vacuum, dust and mop bathrooms and other areas as required.

### Work Schedule:

20 hours over 5 days

Tuesday to Friday Mornings 6.00-7.30am and Monday to Thursday Afternoons 4.30-7.30pm.

- Tidy up after children
- Help with getting them dressed, fed, beds made, washing hung out or put on.
- In the Evenings bring in and fold washing or put washing out. Unpack dishwasher, Once we arrive home (sometimes not until 5.30pm) assist with children in early evening, play with children, bathing the children and assist with bedtimes.
- Also help prepare dinner and meals, set table for dinner. Pack the dishwasher after dinner, clean Table.

### Work Schedule:

20 hours over 5 days

Mondays to Fridays Mornings from 6.30 – 7.30 am and Monday to Thursday Afternoons from 5 pm – 8.00 pm.

Tidy up after children.

In the mornings wait for them to wake up (we will sometimes be out training until 6.30am) help with getting them dressed, fed, beds made, washing hung out and ready for school in the morning.

In the Evenings bring in and fold washing. Once we arrive home (sometimes not until 5.30pm) assist with children in early evening, play with children, help with homework, bathing the children and assist with bedtimes.

Also help prepare dinner and meals, set table for dinner. Pack the dishwasher after dinner.

### Work Schedule:

20 hours over 5 days

#### Duties:

Helping with the two youngest children, eg. Help bath, get dressed, help with breakfasts and dinner, changing nappies, playtime and entertaining the children, reading stories.

Light housework eg. Cleaning up the children's rooms, helping them make their beds. Helping with the dishes and preparing meals, washing the clothes and ironing as needed. Light vacuuming as required.

**Work Schedule:**

**Mornings 6.30am to 7.00am** – Help the children with breakfast, getting ready and general tidy up.

**Monday – 3 hours**

Vacuum and mop floor of house, Wash clothes, hang out clothes, fold and put away any washing (if there is any to be done), help with evening meal, clean up kitchen and put away dishes, help with children's baths, getting dressed, play games with children. Help tidy away toys before bedtime, help children brush teeth.

**Tuesday – 3 hours**

Help with washing up and putting away of dishes, empty bins and take garbage out, empty recycling bin, sweep outside area, pick up and put leaves in bins, kids toys in toy box. Help with children's baths, getting dressed and general babysitting. Help tidy away toys before bedtime, help children brush teeth put to bed.

**Wednesday – 3 hours**

Clean bathroom shower and wipe down all surfaces, clean toilet. Sweep living /dining/kitchen areas and put away dust in bin if needs sweeping. Put away any dry clothes from washing, hang out any clothes, help with cooking, setting table washing up and putting away dishes, bath and dress children, play with children. Help tidy away toys before bedtime and help children brush teeth.

**Thursday – 3 hours**

Wipe down fridge, oven, microwave and kitchen surfaces, sweep kitchen /dining/lounge rooms put dust in bin. Help with setting table, washing dishes, put away, help with babys bath and getting dressed. Play games with baby, help tidy away toys before bedtime and help with brush teeth. Empty all internal bins into external bin for Friday morning collection.

**Friday – 3 hours**

Help with washing up and putting away of dishes, sweep decks, pick up and put leaves in bins. Empty bins and recycling box in house and put out to rubbish bins. Help with setting table, washing dishes, put away, help with children's bath and getting dressed and play games with children, help children tidy away any toys before bedtime and help with brushing teeth.

**WEEKLY WORK SCHEDULE: 4-6pm, 6.30-8.30pm**

Monday	Fold washing, Remake beds, Replace towels in bathrooms (After sheets & towels washing); Every 2 <sup>nd</sup> week replace mattress & pillow protectors General house tidying, Help with cooking, Clear table and wash up (or stack dishwasher) after dinner, play with children
Tuesday	Dust, vacuum, mop (one house "zone" per week e.g. 3 rooms) Clear table and wash up after dinner, play with children General tidy up of toys etc before bed
Wednesday	Clean out fridge, Tidy and clean kitchen thoroughly (top fridge, stove, wipe cupboard fronts etc) Take rubbish out to rubbish bins Clear table and wash up after dinner, play with children General tidy up of toys etc before bed
Thursday (garbage collected today)	Tidy and sweep outside area, front and back of house Fold washing, Put clothes away Help with cooking, Clear table and wash up after dinner, play with children General tidy up of toys etc before bed
Friday	Clean bathrooms/toilets/showers, including mopping floors Help with cooking, Clear table and wash up after dinner, play with children General tidy up of toys etc before bed

**Work Schedule:**

20 hours over 5 days

**Duties:**

Mornings: Help children get dressed and ready for school, prepare their breakfast. Walk children to school each morning.

Afternoons: Catch the bus from GLS to children's school and walk them home. Prepare an afternoon snack, help with homework and keep them entertained.

Nights: Set the table for dinner, help prepare dinner, then help with the dishes afterwards. Get children dressed and ready for bed, make sure they brush their teeth and read them a story.

General: Help with the washing and cleaning as required.

**Work Schedule**

Mornings - no morning work.

**Monday – 5:00pm to 7:30pm (2.5 hrs)**

Help with evening meal, set table with children, pack up after dinner, wash up and stack dishwasher. Help get children ready for bed & read story or play with children before bed. General babysitting.

**Tuesday – 5:00pm to 7:30pm (2.5 hrs)**

Help with evening meal, set table with children, pack up after dinner, wash up and stack dishwasher. Help get children ready for bed & read story or play with children before bed. General babysitting.

On Tuesday nights when both parents are away from home 4:00pm – 8:30pm. On these nights, heat up children's meal, set table, supervise children eating, clean up after dinner, pack dishwasher. Get children ready for bed, make sure they brush their teeth, go to toilet and put into bed at 7.30pm. Maybe play quiet games, do puzzles or read books before bedtime. Ally will have to stay home after children's bedtime until Phil comes back from work which will be between 8:15 - 8:30pm. **(4.5 hrs if working alternative).**

**Wednesday – 3.30pm to 7:30pm (4hrs)**

Help with evening meal, set table with children, pack up after dinner, wash up and stack dishwasher, wipe down table and kitchen benches. Help get children ready for bed & read story or play with children before bed. General babysitting.

On Wednesday nights when both parents are away from home 3:30pm – 9:30pm. On these nights, heat up children's meal, set table, supervise children eating, clean up after dinner, pack dishwasher. Get children ready for bed, make sure they brush their teeth, go to toilet and put into bed at 7.30pm. Maybe play quiet games, do puzzles or read books before bedtime. Ally will have to stay home after children's bedtime until Phil comes back from work which will be between 9:15 - 9:30pm. We will pick up Ally from Helensvale station so she can be at our home by 3:30pm. **(6 hrs if working alternative).**

**Thursday – 4:00pm to 7:30pm (3.5 hrs)**

Clean bathroom – clean bath, shower, wipe down washbasin, and clean toilet. Help with evening meal, set table with children, pack up after dinner, wash up and stack dishwasher. Help get children ready for bed & read story or play with children before bed. General babysitting.

**Friday – 4:00pm to 7:30pm (3.5 hrs)**

Vacuum the house – 3 bedrooms, kitchen, lounge dining and study. Help with evening meal, set table with children, pack up after dinner, wash up and stack dishwasher. Help get children ready for bed & read story or play with children before bed. General babysitting.

**WEEKLY WORK SCHEDULE: Monday to Friday 6.30-7.30am & 4-7pm**

Monday	<p>AM:</p> <ul style="list-style-type: none"><li>- Make beds</li><li>- Prepare children's breakfast and assist with packing lunches</li><li>- Assist children with brushing of teeth &amp; hair, dressing and getting in car</li><li>- General tidy up of kitchen after breakfast including stacking dishwasher &amp; wiping benches</li></ul> <p>PM:</p> <ul style="list-style-type: none"><li>- Vacuum &amp; wash hard floors</li><li>- Assist with bathing &amp; dressing children</li><li>- Clear table after dinner &amp; assist with tidying kitchen</li><li>- Supervise children with teeth cleaning/toileting ready for bed</li><li>- General tidy up of toys</li></ul>
Tuesday	<p>AM:</p> <ul style="list-style-type: none"><li>- Make beds</li><li>- Prepare children's breakfast and assist with packing lunches</li><li>- Assist children with brushing of teeth &amp; hair, dressing and getting in car</li><li>- General tidy up of kitchen after breakfast including stacking dishwasher &amp; wiping benches</li></ul> <p>PM:</p> <ul style="list-style-type: none"><li>- Fold/ iron washing &amp; put away in cupboards</li><li>- Empty all bins and replace bag liner</li><li>- Assist with bathing &amp; dressing children</li><li>- Play with children</li><li>- Clear table after dinner &amp; assist with tidying kitchen</li><li>- Supervise children with teeth cleaning/toileting ready for bed</li><li>- General tidy up of toys</li></ul>
Wednesday	<p>AM:</p> <ul style="list-style-type: none"><li>- Make beds</li><li>- Prepare children's breakfast and assist with packing lunches</li><li>- Assist children with brushing of teeth &amp; hair, dressing and getting in car</li><li>- General tidy up of kitchen after breakfast including stacking dishwasher &amp; wiping benches</li></ul> <p>PM:</p> <ul style="list-style-type: none"><li>- Clean bathrooms and toilets</li><li>- Assist with bathing &amp; dressing children</li><li>- Clear table after dinner &amp; assist with tidying kitchen</li><li>- Supervise children with teeth cleaning/toileting ready for bed</li><li>- General tidy up of toys</li></ul>
Thursday	<p>AM:</p> <ul style="list-style-type: none"><li>- Make beds</li><li>- Prepare children's breakfast and assist with packing lunches</li><li>- Assist children with brushing of teeth &amp; hair, dressing and getting in car</li><li>- General tidy up of kitchen after breakfast including stacking dishwasher &amp; wiping benches</li></ul> <p>PM:</p> <ul style="list-style-type: none"><li>- Dusting hard surfaces &amp; clean glass in lounge room</li><li>- Assist with bathing &amp; dressing children</li><li>- Clear table after dinner &amp; assist with tidying kitchen</li><li>- Supervise children with teeth cleaning/toileting ready for bed</li><li>- General tidy up of toys</li></ul>
Friday	<p>AM:</p> <ul style="list-style-type: none"><li>- Make beds</li><li>- Prepare children's breakfast and assist with packing lunches</li><li>- Assist children with brushing of teeth &amp; hair, dressing and getting in car</li><li>- General tidy up of kitchen after breakfast including stacking dishwasher &amp; wiping benches</li></ul> <p>PM:</p> <ul style="list-style-type: none"><li>- Quick vacuum of main living areas</li><li>- Assist with bathing &amp; dressing children</li><li>- Clear table after dinner &amp; assist with tidying kitchen</li><li>- Supervise children with teeth cleaning/toileting ready for bed</li><li>- General tidy up of toys</li></ul>

**Work Schedule:**

20 hours over 5 days during the week.

**Duties:**

Mother works some nights during the week, so DemiPair will look after the children while she is at work.

Duties include playing with the children in the afternoon, set the table for dinner, helping cook dinner and feeding the children. Prepare children for bed, help them with bathing and tidying their bedrooms, read bedtime stories, put them to bed. Do the dishes.

In the mornings before school, help the children get dressed and help feed them breakfast.

Look after the children of an afternoon while mother goes for her 3km walk.

Some general cleaning such as doing the washing, folding the clothes, vacuuming and mopping.

**Work Schedule: 20 hours over 5 days****Mondays to Fridays (except Wednesday) – 1/2 hour work every morning****6.30 – 7.00am**

Unload dishwasher + put away dishes  
Help with children's breakfast and prepare them for school

**Monday, Tuesday, Thursday, Friday – 3½ hours work in the evening****4.30 – 5.30pm**

Monday and Friday – Wash toilets OR laundry/ironing (ask mum)

Tuesday and Thursday – Sweep and mop floor OR laundry/ironing (ask mum. Some weeks there is lots more laundry than usual ☺)

**5.30 – 8.00pm**

Food preparation (ask mum what to do)  
Help feed children  
Clean kitchen and wipe table/floor after dinner (The children are messy eaters ☺ )  
Play with children +/- family activities  
Tidy up lounge after children go to bed

**Wednesday 4.00 – 8.00pm (children no school)****4.00 – 5.30 pm**

Activities with children (art, outdoor etc)

**5.30 – 8.00pm**

Food preparation (ask mum what to do)  
Help feed children  
Clean kitchen and wipe table/floor after dinner (The children are messy eaters ☺)  
Play with children +/- family activities  
Tidy up lounge after children go to bed